

LESSON:

- 1) Instrument assignments
 - a. Check for rosin, bow, cloth, shoulder rest, rock stop
 - b. Handling and Care
- 2) Parts of the instrument
- 3) Preliminary Set-Up
 - a. Sponges/ Shoulder rests for violins and violas
 - SUPPLIES: rubber bands and sponges if you don't have shoulder pads
 - b. Endpin anchors for cellos and basses
 - SUPPLIES: belt, board with string to attach to leg, stick into the floor
- 4) Introduction of playing positions for each instrument.
 - a. Identify the role of the feet, back, neck, arms
 - b. How does this compare to other instruments?
- 5) Questions

ASSIGNMENTS:

- 1) Study parts of the instrument – Quiz over parts of the instrument soon. Check website.
- 2) Reading Assignment #2– Go to the String Pedagogy Notebook and read the 7 articles on Posture. Be prepared to discuss in class:
 - a. How does this compare to my main instrument?
 - b. What problems do we need to watch out for when setting the stringed instrument?
 - c. How can you remember how to hold the instrument?