

**LESSON:**

- 1) Test – Setting up the Positions
- 2) New exercises (made up, you should also make up your own variation):
  - a. **Violin/ viola** – STEP ONE: place fingers 1,2, & 3 on each of the first three tapes in first position (we will not be using 4<sup>th</sup> finger yet), STEP TWO: pluck each of these notes 4X descending to open D string, STEP THREE: replace all three fingers at the same time, trying to aim ALL in the correct position.
  - b. **Cello** – place fingers 1, 3, & 4 on each of the tapes in first position, STEP TWO: pluck each of these notes 4X descending to open D string, STEP THREE: replace all four fingers at the same time, trying to aim ALL in the correct position.
  - c. **Bass** – place fingers 1 & 4 on each of the tapes in first position, STEP TWO: beginning with the OPEN G STRING, pluck each of these notes 4X descending to open D string, STEP THREE: replace all three fingers at the same time, trying to aim all in the correct position.
  - d. **Instruct your students to think about the notes they are playing and to say them either in their head or aloud, the goal is for them to know and have memorized what notes are produced on that part of the fingerboard in those particular spots, NOT by reading the finger number assigned to that note.**
- 3) Review Exercises 10-20 in E.E. text

**ASSIGNMENTS:**

- 1) Continue to practice playing positions and pizzicato of all D string exercises, #10-22 in your text. **Playing test on #22, Lightly Row:** \_\_\_\_\_ The rest of the class will again evaluate each performance.
- 2) Begin memorizing the notes on the A String, #23-28 in text.

***Hints for practicing:***

1. Keep the center of your hand soft.
2. Keep fingers closer to the string, rather than stretching fingers out.
3. Keep thumb as relaxed as possible and don't squeeze the neck.
4. Take your time to carefully place fingers on the tape.
5. Use only the minimum amount of finger weight necessary to make the string touch the fingerboard.
6. Don't practice too fast.
7. Keep your wrist straight but relaxed.
8. Practice placing all fingers down gently instead of using one weak finger to press the string down.