

**LESSON:**

- 1) Pick up handouts / get instruments.
- 2) Finger Numbers and Tapes
- 3) Review hand sets of FIRST POSITION:
  - a. **Violin/viola** – base knuckle of the index finger is slightly behind first finger tape, thumb is opposite the index finger but positioned on its side (you should be able to see part of the pad of the thumb), wrist is straight, elbow is pointing to the floor
  - b. **Cello/bass** – form your “coke can” hand and place all four fingers over the three tapes in first position (*two tapes for bass*), make sure knuckles are “flat” or no knuckles are showing, straight wrist aligned with elbow, *thumb should be placed behind the second finger (ON IT’S SIDE, you should not play with the pad of the thumb squeezed against the neck)*
- 4) New exercises (made up, you should also make up your own variation):
  - a. **Violin/ viola** – STEP ONE: place fingers 1,2, & 3 on each of the first three tapes in first position (we will not be using 4<sup>th</sup> finger yet), STEP TWO: pluck each of these notes 4X descending to open D string, STEP THREE: replace all three fingers at the same time, trying to aim ALL in the correct position.
  - b. **Cello** – place fingers 1, 3, & 4 on each of the tapes in first position, STEP TWO: pluck each of these notes 4X descending to open D string, STEP THREE: replace all four fingers at the same time, trying to aim ALL in the correct position.
  - c. **Bass** – place fingers 1 & 4 on each of the tapes in first position, STEP TWO: beginning with the OPEN G STRING, pluck each of these notes 4X descending to open D string, STEP THREE: replace all three fingers at the same time, trying to aim all in the correct position.
  - d. **Instruct your students to think about the notes they are playing and to say them either in their head or aloud, the goal is for them to know and have memorized what notes are produced on that part of the fingerboard in those particular spots, NOT by reading the finger number assigned to that note.**
- 5) Begin Exercises 10-20 in E.E. text
- 6) Questions

**ASSIGNMENTS:**

- 1) Practice playing positions and pizzicato of all D string exercises from pages 6-9 in your text.
- 2) Begin memorizing the notes on the A String, pg. 10 in text.